

Trevear Farm

Pool Code of Conduct



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Introduction:

This Code of Conduct document sets out the rules for using the Pool. This is intended as a brief but necessary explanation so that you know what is expected of you either as the Responsible Adult for your family/group or as a Pool user. Our aim is that everyone can enjoy the Pool safely.

Pool Facts:

- The Pool is 11.5 metres long by 5 metres wide and has a consistent depth of 1.4 metres.
- There are steps in one corner to be used for entering and exiting the Pool.
- The water temperature is set at 29°C
- A reach hoop is provided in the Pool area
- A First Aid Box is provided in the Swimming Pool area
- There is a Defibrillator in the Entrance Lobby to the Gym (separate building).
- All the floor tiles are non-slip
- There are two changing rooms, each with a shower and toilet.

Pool Code of Conduct:

Access to the Pool

- The Pool is shared and is only for the use of the Guests staying in Broadview, Barn Owl Roost, Mill House, Linhay, Shippen, Lodge, Hayloft and New Cottage.
- Safety is paramount, and we have put the following measures into place to help protect everyone, but especially your children and any non-swimmers.
- The Pool can only be accessed using a key which is kept in the Key Box, to the left of the main door.
- The Responsible Adult will be given the code for the Key Box, this must not be shared with any children or non-swimmers (to ensure their safety).
- The Door must be locked when you have finished using the Pool and the key returned to the Key Box.
- If others are still using the Pool when you leave, please ensure the key is given to them, and they accept the responsibility to lock up.

Eligibility to Swim

Please ensure that any members of your family/group that are swimming are:

- Physically fit enough to swim
- Do not swim after consuming a heavy meal, alcohol, recreational drugs, or strong medication/prescribed drugs (unless approved by their doctor).
- Do not swim if they have a contagious disease (including diarrhoea, cold with runny nose, throat or ear infection, vomiting, any infectious foot or skin condition or open wound).
- Babies or toddlers which are not toilet trained, MUST wear a suitable swim nappy.

Use of the Pool

- Lone swimming is not permitted.
- Lifeguard Cover is not provided.
- Guests use the Pool at their own risk.
- The Responsible Adult takes the responsibility for the health, safety and behaviour for all members of their family/group, and ensures that all those in their family/group abide by this Pool Code of Conduct, the information in the Pool Safety Operating Plan, and any other control measures put in place such as posters, signage, etc.
- Children and any non-swimmers must be closely supervised at all times, whether they are in the Pool or spectating.
- There must be one adult (over 18) for every three children (under 18) and/or non-swimmers (the adult **MUST** be in the Pool area).
- The reach hoop is for **Emergency Use Only**.
- No Diving into the Pool is permitted.
- Please ensure members of your family/group:
 - Shower before entering the Pool (this reduces the need for chemicals in the Pool).
 - Do Not run inside the Pool area.
 - Do Not wear footwear beyond the entrance area.
 - Wear a verruca sock if they have a verruca.
 - Do Not wear jewellery, that can come off, or undo easily.
 - Do Not bring any Glass or Ceramic items into the Pool area.
 - Do Not eat or drink in the Pool area.
 - Do Not Smoke in or around the Pool complex.
 - Keep all Exits and Fire Exits clear at all times.
- Please ensure that the external doors and windows are kept closed to maintain the important temperature balance in the Pool area.
- Please leave the Pool complex as you would like to find it.
- Please notify the Owners of any problems, or any damage to the Pool, the building or any equipment.

Accidents and Emergencies

Please read the Pool Safety Operating Procedure (PSOP), which comprises of the Normal Operating Plan and the Emergency Action Plan. A copy can be found in the Pool area.

- **In case of an Emergency - a Mobile Phone, with useable signal must be brought with you to the Pool area.**
- If the Fire Alarm sounds – leave the building, ensure everyone in your family/group is accounted for, and make your way to the Fire Assembly Point.
- Call the Fire Brigade.
- The Emergency Exits are – the Main Entrance Door, and the Door opposite the bottom of the stairs leading to the 1st floor area.
- There is a First Aid box in the Swimming Pool area
- There is a Defibrillator in the Entrance Lobby to the Gym (separate building).
- In the event of an accident or incident, administer appropriate First Aid (if needed, call an Ambulance), please contact the Owners and, if necessary, complete the Accident Book.